

## The Research For Treating Cancer With Acupuncture And Moxibustion

The major treatments for cancer are surgery, chemotherapy and actinotherapy. This rapidly developed technology greatly elevated the early diagnosis and cure rate, which prolongs the patient's life. Unfortunately, when chemotherapy and actinotherapy kill the tumor cells they also destroy the normal immune system which causes the arrest of bone marrow, the reduction of the white blood cell count and other immune system cells. There are other side effects that can easily be seen such as vomiting, nausea, stomach upset, fatigue, hair loss, et cetera.

There is a long history in China of treating cancer or tumors with acupuncture. In practice it has been found that acupuncture can make up for the insufficiencies of chemotherapy and actinotherapy. It can also be used on pain management and fever caused by cancer.

For 16 years, I have engaged in research and treatment using acupuncture. Following is a summary of the research for treating cancer with acupuncture and moxibustion.

### 1. Clinical research of acupuncture and moxibustion in treating the side effects caused by chemotherapy and actinotherapy:

#### 1.1. Acupuncture treats the arrest of bone marrow:

The tumor hospital of Dalian city did research on 101 tumor patients. The patients were divided into two random groups. After finishing chemotherapy 48 patients were treated with acupuncture while the other 53 were treated with hydro-acupuncture and drugs. The acupuncture group's white blood cell count rose from 2.6 to 4.2 while the hydro-acupuncture group's rose from 2.5 to 5.9.

#### 1.2. Moxibustion treats the arrest of bone marrow

Research done by Fudan University, Shanghai, shows that moxibustion is more effective than medication in the treatment of the arrest of bone marrow after chemotherapy.

Professor Xinxi Zhao, of the Traditional Chinese Medicine University in He Nan, did research related to the arrest of bone marrow. He found that acupuncture plus moxibustion can elevate the white blood cell count. He believes one of the mechanisms improved is the activity of the serum colony stimulating factor (CSF).

#### 1.3. Acupuncture treats the side effects of the digestive system:

Nausea and vomiting are major side effects after chemotherapy and actinotherapy, which may be caused by the release and activity of 5-HT<sub>3</sub> after chemotherapy.

Jilin University published its research result: acupuncture has a 100% effective rate. An average occurrence day is  $1.31 \pm 0.61$  days.

### 2. Laboratory research concerning the treatment of cancer and tumors with acupuncture:

A controlled study at the Henan Traditional Chinese Medicine University, using mice, shows that chemotherapy can injure bone marrow nerves and that acupuncture treatment can rapidly repair such injury and has a better effect than moxibustion.

In another research from Henan Province it was found that acupuncture enhances the spleen coefficient. This proves that acupuncture can improve the spleen's hematopoiesis which can increase the blood count after chemotherapy.

A study at the TCM College in Nanjing has proved that NK's (nature killer cells) activity and execution (the ability to kill and wound) can be advanced by acupuncture. NK's activity can affect the occurrence and development of cancer and tumors.

Other studies show that acupuncture or moxibustion can improve the immune system and restrain the enlargement of breast cancer.

## Summary

From the above research we know that acupuncture has an all-round function in the treating of cancer or tumors. Not only can it restrain the growth of the cancer or tumor it can also give a curative effect by adjusting the functioning ability of the immune system. Acupuncture can be used to treat the side effects of chemotherapy and actinotherapy which are the most commonly used methods for treating cancer or tumors.

Legal recognition of acupuncture and hot acupuncture along with a large, expert acupuncturist field and an advanced technical force make the future of acupuncture, in the treatment of cancer and tumors, very bright.

## About The Author

Dr. Vincent Cunhai Yu is a registered acupuncturist who has worked in China and Russia. He is practicing now in VANCOUVER. Dr. Yu is a specialist who has worked in a large hospital for 16 years.

Dr. Yu has done extensive researches on **back pain, digestion related troubles and headaches**. He is also an expert on **arthritis, soft tissue injury, frozen shoulder, tennis elbow, neck pain, insomnia, facial palsy, depression, strokes, quit smoking, and lose weight, hair loss, low immunity, eczema and acne**.

If you have any comments or questions, he can be reached at 604-255-6698 or 2584 East Hastings, Vancouver.